CIRCULAR

WOMEN'S DAY CELEBRATION

Date: 08-03-2023  Time: 02:30 pm to 4:45 p.m.

Venue: Prof. SRK Seminar Hall, New building, Dept. of Prod. Tech.

Programme Schedule

02:30 to 3:45 p.m.  Simplified Yoga and Meditation for working women and teenage girls
by Shrimati Padma Ganesan, Professor - Simplified Kundalini Yoga

Tea Break

04:00 to 04:45 p.m.  A Lecture to be delivered by Dr. A. Gnanamani,
Sr. Principal Scientist, CSIR-Central Leather Research Institute
Adyar, Chennai - 600 020

All staff members and girl students are welcome.

Note: [1] Please carry a mat/bed sheet